

I Love to Draw!

DID YOU KNOW?

Your child's favourite activities – drawing, singing, and dancing are in fact powerful learning tools! Here's why these fun moments matter:

- Research shows that music and movement activities are exercise for your child's brain. They improve memory and your child's ability to focus and pay attention. These skills will be a big help when they start school!
- When your child draws, paints, makes music or moves to music, they are using their imagination and learning to express themselves. There are no "right" or "wrong" ways of doing as they are exploring art and music and movement – the most important thing is for them to have fun and exercise their creativity.
- Art and music and movement also foster the development of the whole child, from thinking skills and creativity to physical co-ordination, and even your child's confidence and social and emotional growth.

TIPS FOR PARENTS!

You can create daily opportunities for your child to engage in creative expression in the following ways:

Explore art: Encourage activities that engage their senses and allow them to express themselves freely through various art mediums. Provide a variety of resources like crayons, paints, play dough and craft materials for them to explore when drawing, painting and crafting in general.



Make music: Incorporate musical activities into your daily routine. This can range from listening to different types of music, singing together, or creating simple rhythms with household items.



Get moving: Engage in activities that get your child moving in different ways. This could involve dancing, doing simple exercises together like stretching or balancing on one foot, or playing movement games like "Dance and Freeze", "The Wheels on the Bus" and "If You're Happy and You Know It".



Let me paint the clouds in rainbow colours we learnt in school today...red, orange, yellow...Oh, I can mix the paint too!

I want to show the leaves falling (puts green spots all over and around the tree).

Girl, you have coloured it wrongly. Clouds are white, not red. You've made everything messy. You should try to keep within the lines.

How would you respond to your child to encourage his/her creative expression through art?

The key is to make drawing activities fun and pressure-free. Let your child lead the way in their creative expression and join in to make it a bonding experience.

